



The Least List: Yucks, Hates, Ain't Gonna Do's and Nope, You Can't Make Me

What Excites you the Least? Those things that excite you the least are those things you can hire other people to do. Or if you don't have the money to hire others to do those tasks or things you hate, find another way, a workaround. When I couldn't afford to hire anyone, I took on College Interns. I found out they need the hours and you need the work. You fill out a few sheets and tada, you have a helper! There are also homeless and VA organizations that will help you find people who might be interested in work study type programs to help them in their career path. Similar to an intern, your payment is time. You devote time to them and they devote time to you. Reach out to friends and family who support you on your mission. Word of caution, only work with those friends and family you can stand, though. If you already don't get along, please do everyone a favor and don't try to work with them! Aside from that, think of other ways you can barter or trade services or items. Think outside of the box and I am sure you will come up with many ideas! Write those down. What makes you feel yuck? What do you really dislike?

What Excites you the Least?

1. _____
2. _____
3. _____
4. _____
5. _____
